

Lifespan Wellness Meeting
Tuesday, February 15, 2011
4:00 p.m.

Present: Jay Sutcliffe, Kristi Johnson, Sherri Blome, Jamie Goffena, Don King, Chuck Kutchara, Sandy Roes

Continuing Business

- a) Wellness Fair recap – Jay sent a letter to the CSC Conferencing Center thanking them for a good event.
- b) Community Center Update – It is now time to look at the data collected. Mary Jo Karnat and Jerry Mack are willing to help compile the data in whatever format we wish. The Coordinating Committee will meet and decide how best to handle the data.
- c) Dawes County Joint Planning Meeting update – The next meeting is March 3rd. This planning process has had good attendance. The suggestions from the UNL students will be included in the planning.
- d) Funding Opportunities update – Sherri, Jay and Sandy along with a student, Annamae, are meeting monthly to look for funding opportunities. The next one we will work on is Bikes Belong. We are also planning to get in on the conference calls for planning for a larger grant with the White Foundation. PPHD may be interested in helping us write that grant. It was discovered that Safeway has an escrip program that you can go online and register your club card number and a portion of the funds you spend at Safeway will go to the school of your choice. Sandy has shared that information with Dr. Winchester in case the schools would like to do a promotional campaign on this.
- e) Website Update – Chuck is interested in putting some program information or links on the website. Some agencies that might be good to include are The Aging Office of Western Nebraska and Northwest Community Action Partnership who provided services for low income or elderly.
- f) Backpack Program Update – Kiwanis has purchased the backpacks. Annamae is working on the menu. Jamie is working on recipes. Junice Dagen is soliciting funds. Sherri is checking in what we can get from Food Bank for the Heartland.

New/Future Planning

- a) Let's Move Campaign - There is a meeting on February 28. This would designate Chadron as a Let's Move city. This was brought to us by the City Manager as a possible project. For now we could add the link www.letsmove.gov to our website.
- b) Senior Living Expo is in the planning stages. It will be held in September at Assumption and will provide information on services available to the elderly as well as offer blood draws for that population. This would be a good time to survey activities they see as being needed and get the word out about things such as a possible walking bus for school kids or a walking group.

- c) Post Prom contacted us about possible funding for food for the event. It was decided that Jay will find out what the food requests are and we will request donations from our larger membership list.

Next Meeting March 15 at 4:00.